

Tips for using your nebuliser

- You need to be alone in a room with the door closed and a window open whilst having your nebuliser. Keep the window open for 30 minutes afterwards.
- It is important to brush your teeth and rinse your mouth afterwards.
- Make sure you have enough supply of needles, syringes, water for injection, filter pads and the drug to last until your next appointment with your doctor.
- You can swap your full sharps bin for a new one at your local pharmacy.
- You will need to keep the drug in the fridge so make sure you have enough space.

Cleaning your nebulisers

You should wash your nebuliser after each use;

- > take apart all the pieces
- > wash with warm water and washing up liquid
- > leave to air dry for at least 4 hours

Once a week the Pari Sprint should be sterilised eg in boiling water for 5 minutes.

Store your nebuliser somewhere dry.

For more information contact:

- > Your chest team or GP
- > National Aspergillosis Centre
North West Lung Centre
UHSM
0161 291 5811

Or have a look at
nacpatients.org.uk
aspergillus.org.uk

University Hospital
of South Manchester 
NHS Foundation Trust

A guide for patients on the use of

Amphotericin B via Nebuliser

What is Amphotericin B and why is it used?

- Amphotericin B is a medicine used to treat fungal infections.
- Amphotericin B can be given intravenously but you have been given it by nebuliser as this means more drug will be able to get into your lungs where it is needed. A nebuliser turns your liquid medicine into a mist which you breathe in.

Are there any side effects?

The most common side effects you may get are some chest tightening, wheeze or a cough. You should let your doctor know if this is causing you problems.

Other side effects include feeling sick or dizzy or having a bad taste in your mouth after taking the drug, but these should get better quickly.

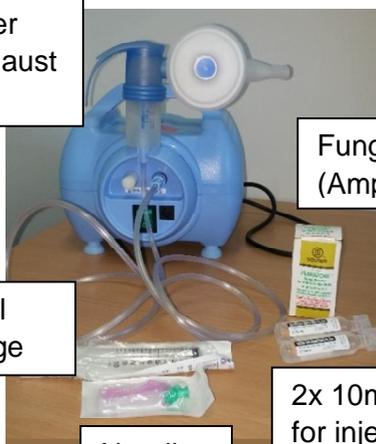
Pari Sprint
Nebuliser
with exhaust
filter

Fungizone
(Amphotericin)

10ml
Syringe

Needle

2x 10ml water
for injection



How to set up your nebuliser

1. Wash your hands. You should take a Ventolin (salbutamol) nebuliser before the amphotericin B to open up your airways.
2. Attach the needle to the syringe. Draw up 10ml of water for injection.



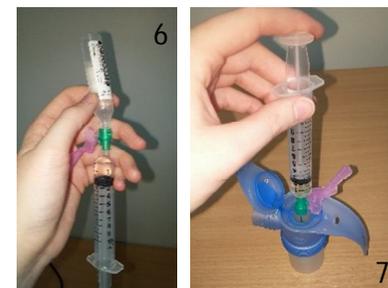
3. Add the 10ml of water to the amphotericin and shake gently until dissolved.



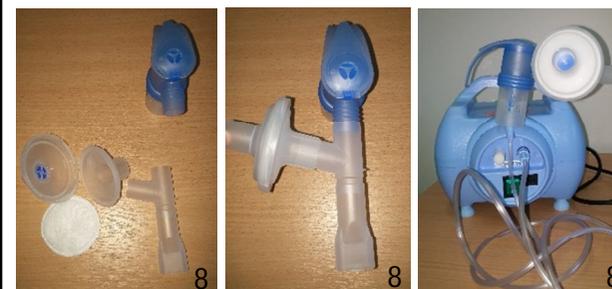
4. Draw back 2ml of solution.
5. Add solution to your nebuliser chamber (open cap to access chamber).



6. Draw up 2ml more of water for injection.
7. Add to the chamber.



8. Connect your nebuliser up (use a new filter pad each time)



9. Throw the needle and syringe away in the sharps bin.



You can keep your made up solution for 24 hours in the fridge or 8 hours out of the fridge. Make sure it is at room temperature before using it as cold droplets can irritate your airways.